## Laps For Life hosted by Maple Manor

'Ride Our Wave for the Cure'



All proceeds benefit the American Cancer Society



## Sunday September 2<sup>nd</sup> 2018\* 9:00 -11:00am Maple Manor Swim Club



(\*raindate is Monday September 3rd, same time\*)

**Who can participate?** Anyone who can swim, kick or walk in the water (circle swim/walk format). Swim club membership is not required to participate.

*How does it work?* There will be shifts of 25 minutes. One length of the pool is a lap; 50 meters counts as two laps. Goal is to complete as many laps as you can in your 25-minute shift. Bring someone to count your laps for you, or use our self-counters.

*How do I sign-up?* Registration is only \$10. Details about Laps For Life registration can be found on the Maple Manor website <a href="http://maplemanorswimclub.org">http://maplemanorswimclub.org</a>

All registration fees, donations and pledge money are due by the day of event.

## Snacks & prize incentives for participants!

**Questions?** Please email Michelle O'Toole at michelle.otoole@comcast.net